

# **Cold Weather Campout Shenandoah River State Park December 5-6, 2015**

Many people are afraid to camp in cold weather. The secret is to stay dry and warm. Troop 349 conducts a cold weather campout every year to drive home this fact. Attendance is mandatory for Scouts going to Valley Forge in the following year. This campout will be a good opportunity for our younger and new Scouts to focus on their Tenderfoot, Second and First Class requirements (including knot-tying, first aid, cooking and the proper handling of the knife, axe and saw), and for our older and more experienced First Class, Star and Eagle Scouts to teach these requirements, as well as develop an appreciation for the benefits that come from teammanship and proper, sustained training. *The aim is to get comfortable with camping in cold weather conditions, and to fulfill any outstanding rank advancement requirements before the end of the year. The cost of this campout is \$30 per person.*

## **NOTIONAL SCHEDULE**

(Details may change)

### **Saturday, December 5, 2015**

0700 Depart from American Legion Post # 130 in Falls Church  
0900 Arrive at Shenandoah River State Park and check in  
0900-1200 Set up camp and conduct training  
1200 Lunch  
1300-1700 Training and work on outstanding requirements  
1700 Dinner  
2000-2100 Fellowship fire  
2200 Taps and Lights Out  
Overnight at Encampment Site.

### **Sunday, December 6, 2015**

0600-800 Reveille and breakfast  
0800 Flag raising ceremony  
0830-1200 Training and work on outstanding requirements  
1200-1500 Five mile hike (lunch during the hike)  
1500-1600 Break camp and leave no trace  
1600 Depart for Falls Church  
1800 Arrive at American Legion Post # 130 in Falls Church

**BSA TROOP 349, FALLS CHURCH, VA  
PERMISSION SLIP**

Event: Cold Weather Campout  
Location: Shenandoah River State Park, Bentonville, VA  
Date: December 5-6, 2015

As the parent or legal guardian of: \_\_\_\_\_

- I give my permission for him to participate in this outing with Troop 349.
- I will provide transportation. Out  Back  Both   
Including driver, my vehicle holds \_\_\_\_\_ people.
- Name(s) of Parent(s) planning to attend: \_\_\_\_\_ Parent cell #: \_\_\_\_\_
- My Scout understands: All travel is in Class A uniform  
No electronics permitted (iPod, MP3, cell phone, etc)
- Funds attached: \$30 per participant (covers food, mileage, campsite)

I give permission to the uniformed adults of Troop 349 to render first aid. In the event of emergency, I give permission to the physician selected by the adult leader-in-charge, to hospitalize, order anesthesia, order injection, or secure other medical treatment, as s/he determines to be appropriate. I further agree to hold Troop 349 and its uniformed adults blameless for any mishaps that may occur during this outing, except for clear acts of negligence or non-adherence to BSA policies and guidelines.

In case of emergency, I can be reached by phone at: \_\_\_\_\_ or: \_\_\_\_\_

If I cannot be reached, contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Medical Insurance company: \_\_\_\_\_ Policy number: \_\_\_\_\_

- My son:
- Has the following medical condition(s) that uniformed adults must be aware of:  
\_\_\_\_\_.
  - Has no medical condition.
  - Requires the following medication(s) that uniformed adults must supervise and assist in administering (also provide time & quantity):  
\_\_\_\_\_.
  - Takes no medication

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent or Guardian)

**DUE WITH PAYMENT BY DECEMBER 1, 2015.**

## Cold Weather Packing Checklist

Note: This list is in addition to clothes worn to campout.  
Wear your Class A Scout uniform for travel.

Remember: “Cotton Kills” & “Always pack for one season *colder* than now.”

### *Sleeping Gear:*

- \_\_\_ Backpack or duffle bag (lined w/plastic bag to keep contents dry)
- \_\_\_ Sleeping bag
- \_\_\_ Pillow Case (to be stuffed with your down jacket or clothing)

### *Clothes:*

- \_\_\_ Winter coat or vest
- \_\_\_ Warm hat (preferably one that can cover the ears if need be)
- \_\_\_ Scarf
- \_\_\_ Gloves or mittens
- \_\_\_ Sunglasses
- \_\_\_ Pants
- \_\_\_ 2 Long sleeve shirts
- \_\_\_ Class B shirt
- \_\_\_ Class B fleece or vest
- \_\_\_ 2 Underwear
- \_\_\_ Long underwear, top & bottom
- \_\_\_ 2 pair wool or acrylic socks
- \_\_\_ Hiking boots or walking shoes

### *Safety, Kitchen & Toiletry, Miscellaneous:*

- \_\_\_ Personal 1st Aid Kit (BSA Handbook p. 289)
- \_\_\_ Water bottle, filled
- \_\_\_ Mess kit
- \_\_\_ Pen/pencil & pocket-sized notepad
- \_\_\_ Scout Handbook
- \_\_\_ Whistle on neck lanyard
- \_\_\_ Compass with a base plate
- \_\_\_ Toiletry kit (hand soap, toothbrush, toothpaste, floss, comb, small towel)
- \_\_\_ Toilet paper (half a roll in a Zip-Lock bag)
- \_\_\_ Flashlight/head lamp & extra batteries (keep easily accessible in backpack)
- \_\_\_ Two garbage bags (for storage of items; for trash cleanup at end of campout)
- \_\_\_ Disposable hand-warmer and/or feet-warmer packs