Troop 349 Winter Camp Out!

Cold Weather Camping and Hike

Shenandoah River State Park

Bentonville, VA

Sat., Dec. 6 to Sun, Dec. 7, 2014

Deadline for permission slip & payment:
Tuesday, December 2, 2014

Theme
Participation in this campout is a required prerequisite for the February campout at Valley Forge. The focus of this campout is to practice winter camping skills, and complete cooking, orienteering, and hiking requirements for the first-year scouts.

Location
The Raymond R. Andy Guest Jr. Shenandoah River State Park is located just downstream from Bentonville. These waters eventually flow into the Chesapeake Bay. The part is 1,604 acres with 5.6 miles of river frontage along the south fork of the Shenandoah River. The rolling, mountainous land features steep slopes and is mostly wooded. In addition to meandering river frontage, the part offers scenic vistas overlooking Massanutten Mountain to the west and Shenandoah National Park to the east.

Wildlife you are likely to see during your visit may include black bears, wild turkeys, white-tailed deer, raccoons, foxes, beavers and skunks. In addition, there are many types of birds, insects, snakes, trees and plants.

River Right Campground **(tents only, year-round)**

We have reserved five of the ten standard tent walk-in sites. Each site has a picnic table, fire ring, and space for a maximum of six people (3 two-man tents). The sites are less than 50 yards from the parking lot. The campground has a full service bathhouse. Potable water is available near the two vault toilets, and gray water sinks are near the bathhouse and the vault toilets by the parking lot. There are two river-access points, and there is parking for up to 21 vehicles.

Hiking

The park has over 23 miles of trails, 6 of which are multi use; catering to hikers, bikers, and horseback riders. We have several options for the Saturday morning hike (see attached).

Campout Schedule

Saturday, December 6, 2014

Time	Event	Remarks
0745	Rally at American Legion parking lot	Please eat breakfast beforehand
0815	Depart American Legion parking lot	
0930	Arrive at Shenandoah River Park	Check in and move to campsite
1000	Set up camp	
1045 - 1200	Patrol Lunch, Prep, and Clean Up	Second Class Cooking Requirement
1200 - 1300	Cold Weather Camping/Outdoor Skills	Instruction/Second & First Class Trail
1300 - 1530	Troop 5-Mile Hike	See Attachment on Hikes with Maps
1600 – 1700	Cooks Prepare Dinner/Campfire Crew	Prepare Troop Campfire Area
1700 - 1845	Patrol Dinner and Clean Up	
1845 - 1915	Practice Patrol Skits/Songs	
1930	Campfire	
2200	Lights out	

Sunday, December 7, 2014

Time	Event	Remarks
0700	Wake up	
0700-0830	Patrol Breakfast, Prep, and Clean-Up	Second Class Cooking Requirement
0830	Break Camp	
1000	Depart Shenandoah River Park	
1130	Arrive at American Legion	

Normal Temperatures: Max 44 degrees F, Mean 34 degrees, Min 24 degrees

24/7 Emergency Room:
Warren Memorial Hospital
1000 Shenandoah Ave
Front Royal, VA
Phone: 540-636-0300

Camping Location: The park is in Warren County, eight miles south of Front Royal and 15 miles north of Luray. It's off Rt. 340 in Bentonville.

Directions:

- I-66 West for 53 miles to
- Exit 13 (toward VA-55/Linden/Front Royal)
- Turn L off the ramp onto VA-79/Apple Mountain Road for 0.2 mi
- Turn R onto VA-55/John Marshall Hwy for 5.2 mi
- Turn L onto US-340/S Royal Ave for 8.2 mi
- Turn R onto Daughter of Stars Drive at park entrance

ADDRESS:
Andy Guest/Shenandoah River State Park
350 Daughter of Stars Drive
Bentonville, VA 22610
PHONE:
540-622-6840

ATTACHMENTS

Permission Slip

Cold Weather Camping Pack List

Hiking Trails with Maps

Park and Campsite Maps

TROOP 349 Permission Slip

Falls Church, VA

Event: Winter Campout and Hike

Location: Shenandoah River Park

Date: December 6-7, 2014

As the parent or legal guardian of: _____

☐ I give my permission for him to participate in this outing with Troop 349.

☐ **I will provide transportation.** ☐ Out ☐ Back ☐ Both Ways
Including driver, my vehicle holds _____ people.

☐ Name(s) of Parent(s) planning to attend:_____Parent cell #: _____

☐ **My Scout understands:** All travel is in Class A uniform
No electronics permitted (iPod, MP3, cell phone, etc.)

☐ **Funds attached: $40 per scout/$25 per adult** (covers food, mileage, camp fees)

I acknowledge that this campout includes hiking over 14 miles, which presents risks of exposure and dehydration, among other possible injuries. I also understand that my son will be tent camping in an area inhabited by raccoons, foxes, mosquitos and ticks which could carry disease. I give permission to the leaders of Troop 349 to render first aid. In the event of emergency, I give permission to the physician selected by the adult leader-in-charge, to hospitalize, order anesthesia, order injection, or secure other medical treatment, as s/he determines to be appropriate. I further agree to hold Troop 349 and its leaders blameless for any mishaps that may occur during this outing, except for clear acts of negligence or non-adherence to BSA policies and guidelines.

In case of emergency, I can be reached by phone at:_____or: _____

If I cannot be reached, contact: _____ Phone: _____

Medical Insurance company:_____ Policy number:_____

My son:
☐ Has the following **medical condition(s)** that adult leaders must be aware:
_____.
☐ Has no medical condition.
☐ Requires the following **medication(s)** that adult leaders must supervise and assist in administering (also provide time & quantity):
_____.
☐ Takes no medication

Signed: _____ Date: _____
(Parent or Guardian)

PLEASE COMPLETE AND PRESENT THIS FORM – ALONG WITH A CHECK TO COVER THE COST OF YOUR SCOUT – TO MR. AUTOR OR THE TROOP BY TUESDAY, DEC 2, 2014.

www.Troop349.us
Falls Church, VA

Winter Weekend Car Camping Checklist:

Note: This list is in addition to clothes worn to campout.
Wear your Class A Scout uniform for travel.
Remember: "Cotton Kills" & "Always pack for one season *colder* than now."

Shelter:

____Backpack or duffle bag (lined w/plastic bag to keep contents dry)
____Tent & plastic footprint for under tent
____Sleeping bag (prefer a hood, but must have top draw cord) & extra blanket
____2 sleeping pads or a pad and a blanket
____Pillow case (may fill with a jacket)

Clothes:

____Winter coat & winter pants
____2 Warm caps (1 for sleeping)
____Warm gloves & extra mittens/gloves (1 for sleeping)
____Class B shirt
____Class B fleece or vest
____2 Underwear
____Long underwear, top & bottom
____2 pair wool or winter socks (one clean, dry pair for sleeping)
____Insulated winter boots
____Plastic bag for boots in sleeping bag
____Shower flip flops (*if* there are showers)
____Towel (to wrap hot water bottle in sleeping bag)

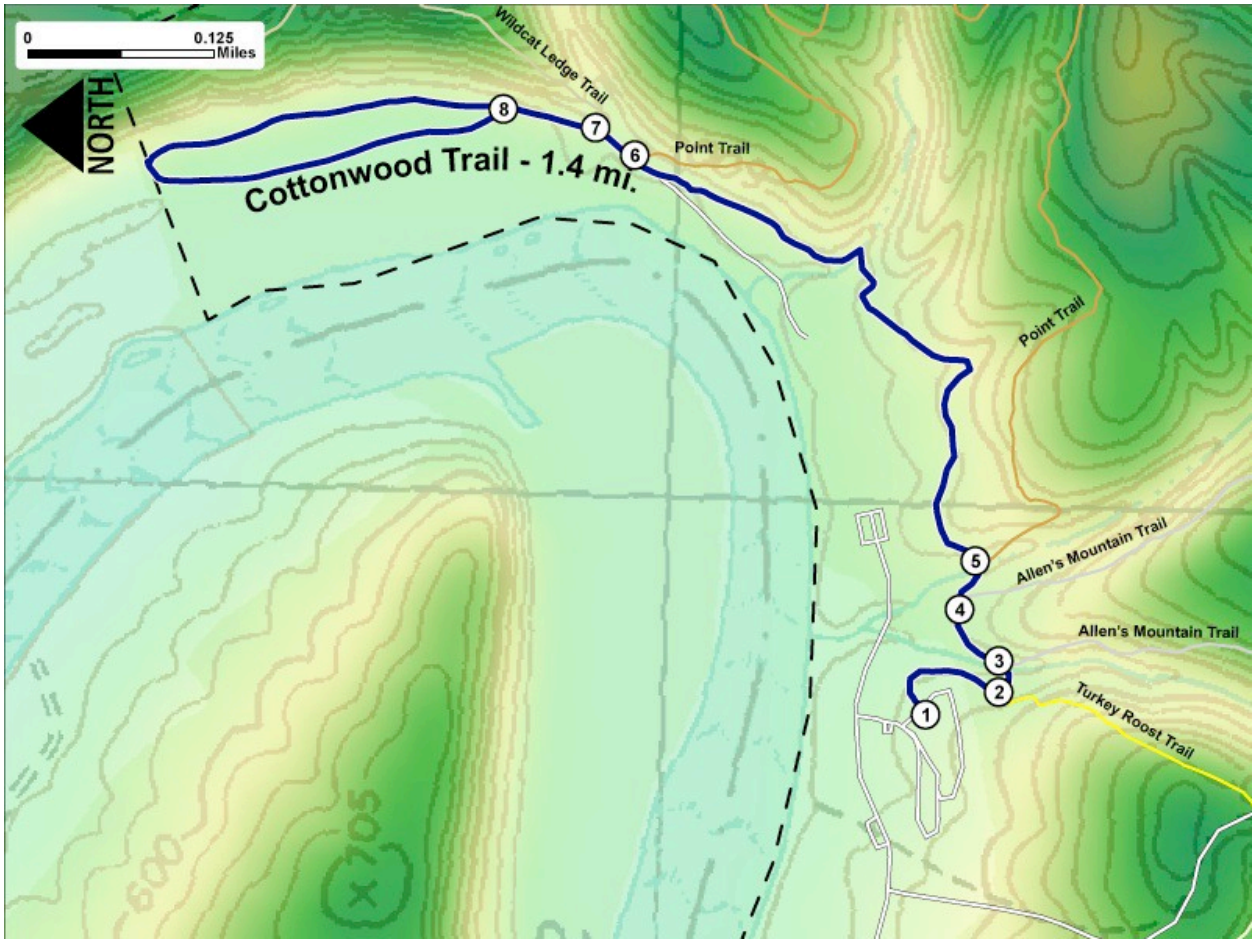
Safety, Kitchen, & Toiletry:

____Personal 1st Aid Kit (BSA Handbook p. 289)
____Mess kit (bowl, plate, cup, fork, spoon)
____Water bottle, filled and placed in the middle of pack so does not easily freeze
____Pen/pencil & pocket-sized notepad
____Scout Handbook
____Book for reading
____Matches (provided you have earned Firem'n Chit)
____Whistle on neck lanyard
____Compass with a base plate
____Toiletry kit (hand soap, toothbrush, toothpaste, floss, comb, small towel)
____Toilet paper (half a roll in a Zip-Lock bag)
____Sunscreen
____Pocketknife, less than 3" blade (provided you have earned Tote 'n Chip)
____Flashlight/head lamp & extra batteries (keep easily accessible in backpack)
____Chair (optional)

Not well understood fact: The temperature rating for your sleeping bag is intended as a minimum temperature for you to safely survive – not a rating for your comfortable snoozing. Bring a blanket, too.

Cottonwood Trail - Blaze Color: Dark Blue

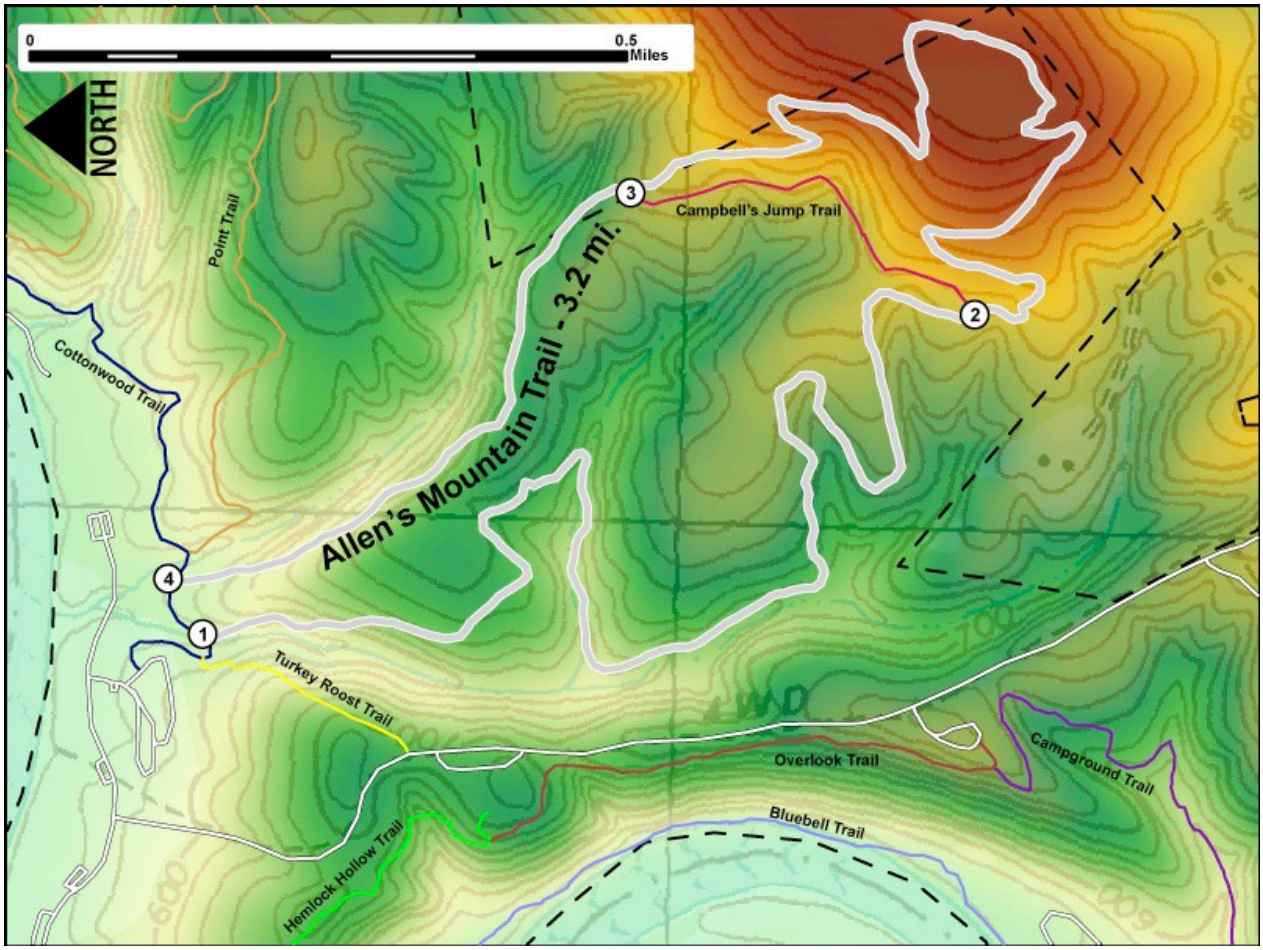
The Cottonwood Trail is a 2.3 mile round trip hike. The easy, multi-use trail is accessible from the Massanutten Shelter Parking area. In addition, the Primitive Campground has a separate access point to the trail for registered campers. The trail passes through a wooded area before you reach the boardwalk loop that circles through a wetland area with vernal pools. This quiet corner of the park offers great opportunities for spotting wildlife. Several other trails, including Wildcat Ledge, Point and Allen's Mountain, can be accessed from this trail.



1. GPS: Lat. 38° 51.7335, Lon. -78° 18.3245
South trail head. Trail intersects with road.
2. GPS: Lat. 38° 51.6875, Lon. -78° 18.3151
Trail intersects with Turkey Roost Trail.
3. GPS: Lat. 38° 51.6882, Lon. -78° 18.2933
Trail intersects with Allen's Mountain Trail.
4. GPS: Lat. 38° 51.7096, Lon. -78° 18.2487
Trail intersects with Allen's Mountain Trail.
5. GPS: Lat. 38° 51.697, Lon. -78° 18.2146
Trail intersects with Point Trail.
6. GPS: Lat. 38° 51.9004, Lon. -78° 17.9162
Trail intersects with Point Trail.
7. GPS: Lat. 38° 51.9203, Lon. -78° 17.8963
Trail intersects with Wildcat Ledge Trail.
8. GPS: Lat. 38° 51.9759, Lon. -78° 17.8753 - Three way intersection in trail. Loop in trail begins.

Allen's Mountain Trail - Blaze Color: Silver

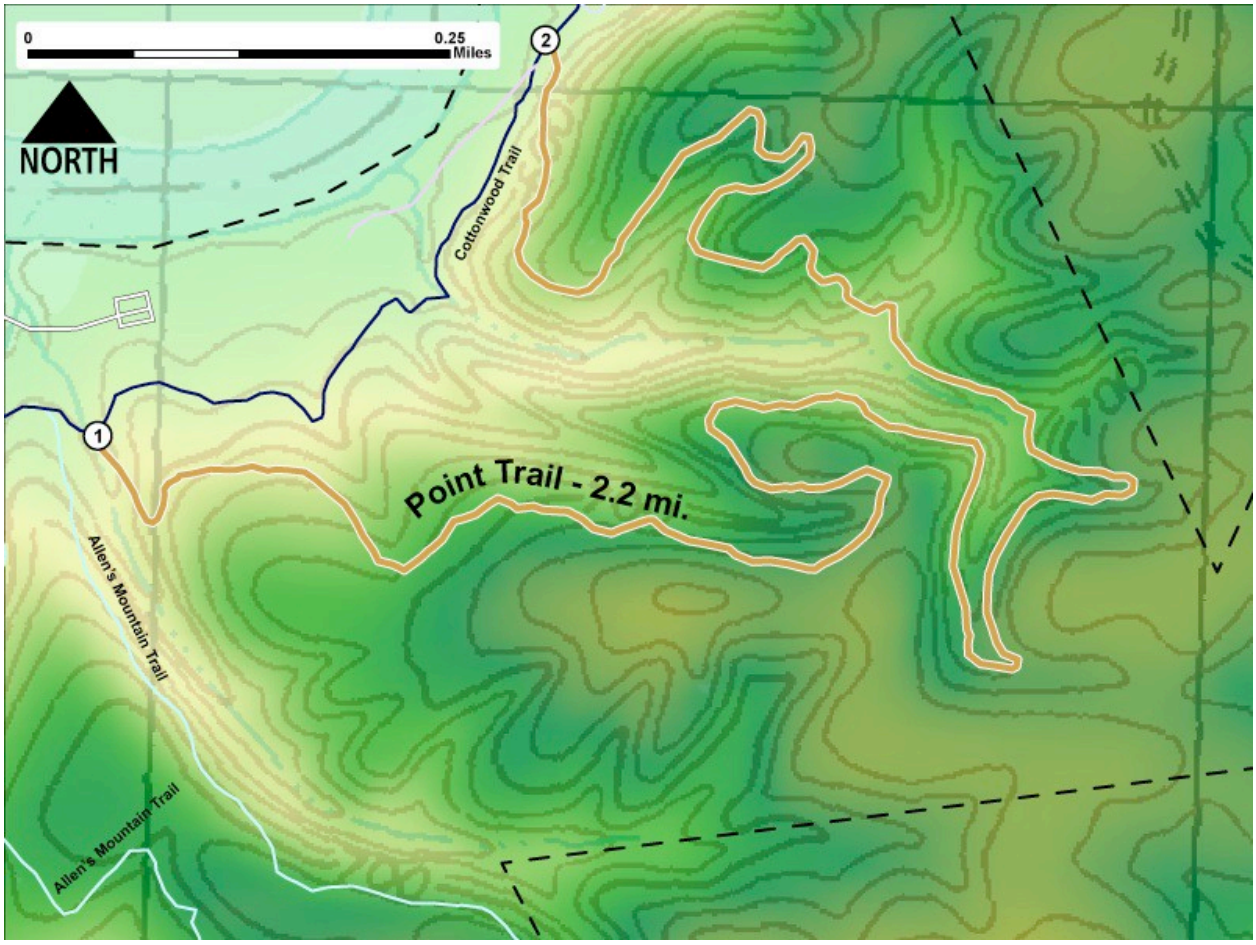
The Allen's Mountain Trail is a 3.2 mile moderate difficulty trail for hiking and biking. The trail weaves through wooded, mountainous terrain, taking users to the highest point in the park on Allen's Mountain. The Campbell's Jump trail can be accessed from Allen's Mountain to offer a shorter hike for those that do not wish to traverse the summit. This trail is accessible from the Cottonwood Trail that begins at the Massanutten Shelter parking area.



1. GPS: Lat. 38° 51.6866, Lon. -78° 18.2915
Trail head. Trail intersects with Cottonwood Trail.
2. GPS: Lat. 38° 51.1264, Lon. -78° 17.9908
Trail intersects with Campbell's Jump Trail.
3. GPS: Lat. 38° 51.3764, Lon. -78° 17.8751
Trail intersects with Campbell's Jump Trail.
4. GPS: Lat. 38° 51.7097, Lon. -78° 18.2464Trail head. Trail intersects with Cottonwood Trail.

Point Trail - Blaze Color: Gold

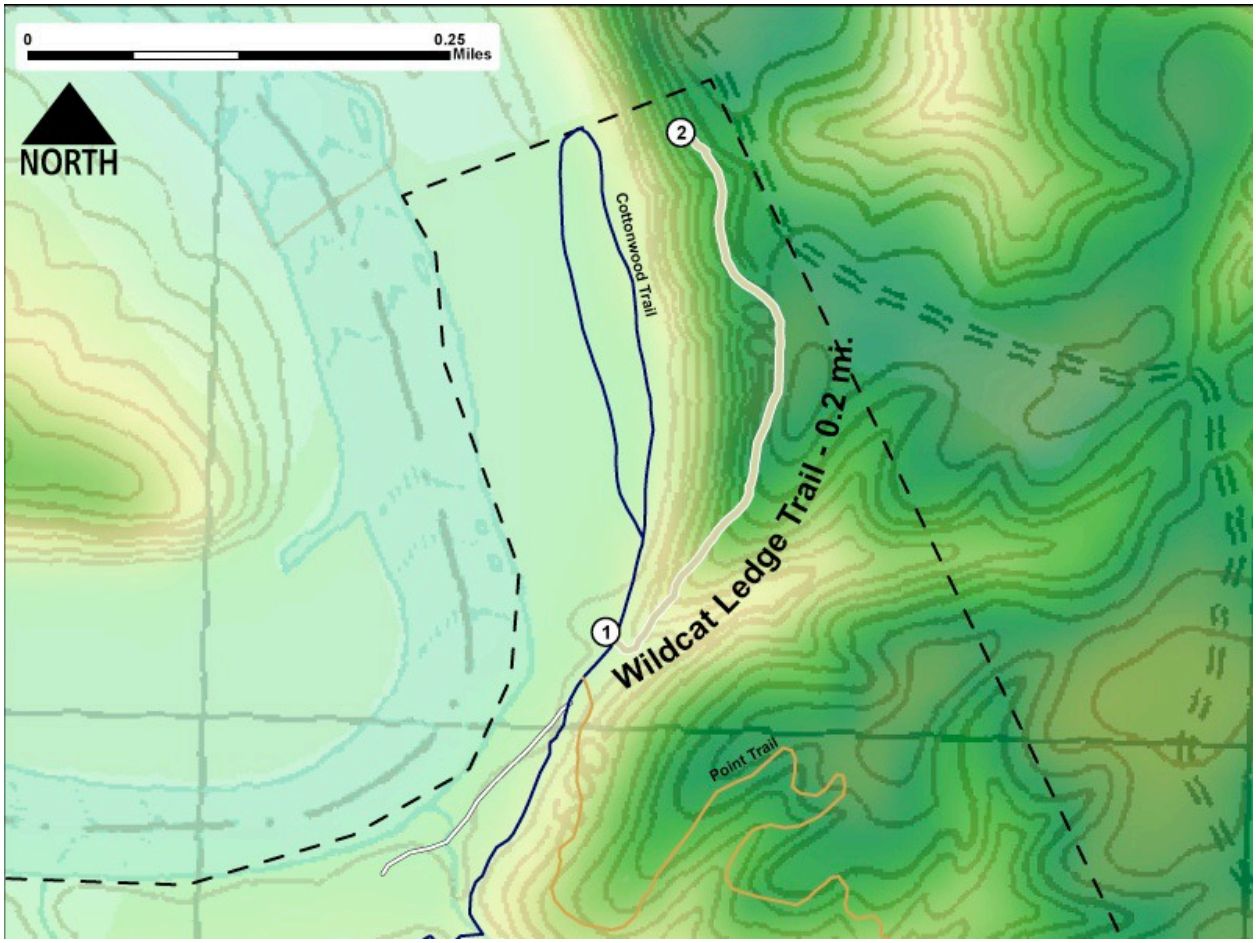
The Point Trail is a 2.2 mile, moderate difficulty trail for hiking and biking that is accessible from the Cottonwood Trail in two locations. This quiet and serene trail climbs through hardwood forest and experiences several changes in elevation as it weaves through ravines and hilly terrain.



1. GPS: Lat. 38° 51.6967, Lon. -78° 18.2149
West trail head. Trail intersects with Cottonwood Trail.
2. GPS: Lat. 38° 51.9005, Lon. -78° 17.9161
East trail head. Trail intersects with Cottonwood Trail.

Wildcat Ledge Trail - Blaze Color: Beige

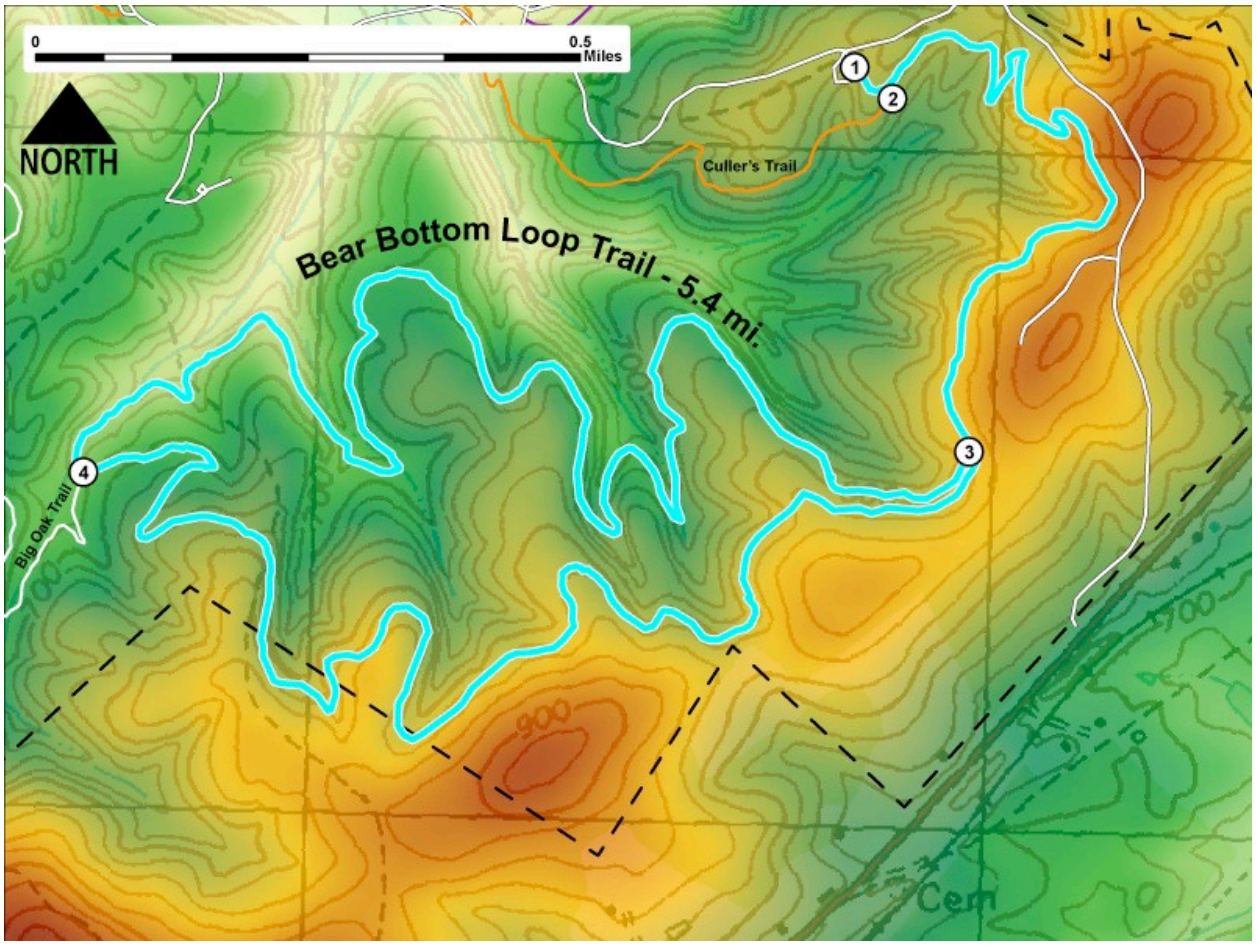
The Wildcat Ledge Trail is a .2 mile, difficult hiking trail that is accessible from the Cottonwood Trail boardwalk. The trail takes hikers and bikers up a very steep, rocky slope that eventually levels out for a little while before one last rocky, steep incline at the top of the ledge. At this point there is a spectacular view of the river, fields and mountains that surround the area. This point is near the park boundary which is marked by a fence.



1. GPS: Lat. 38° 51.9206, Lon. -78° 17.8951
South trail head. Trail intersects with Cottonwood Trail.
2. GPS: Lat. 38° 52.1792, Lon. -78° 17.8441
North trail end.

Bear Bottom Loop Trail - Blaze Color: Teal

Bear Bottom Loop Trail is a 5.4 mile round trip, difficult, multi-use trail. This trail begins at the horse trailer parking area and roughly follows the topographic contour lines skirting beautiful creek bed hollows. Big Oak Trail can be accessed about half way through the loop. The upper portion offers scenic winter views of the Massanutten Mountains. Black bear and deer have been observed in this area. The switchbacks that follow the terrain make this trail feel like a real walk in the wilderness. While this is one of the most enjoyable trails in the park, hikers should allow 2 to 3 hours to complete the trail and be sure to take plenty of water



1. GPS: Lat. 38° 50.8655, Lon. -78° 18.3583
Trail head. Trail starts at horse trailer parking.
2. GPS: Lat. 38° 50.8493, Lon. -78° 18.326
Trail intersects with Culler's Trail. Three way intersection in trail.
3. GPS: Lat. 38° 50.5615, Lon. -78° 18.2413
Start of loop. Three way intersection in trail.
4. GPS: Lat. 38° 50.5478, Lon. -78° 19.1465
Trail intersects with Big Oak Trail. Three way intersection in trail.