



Troop 349 Trailblazer/Camping MB!

Burke Lake Park

Burke, VA



Fri-Sun 25-27 April, 2011

**Deadline for permission slip & payment:
Tuesday, April 22, 2011**



About Burke Lake Park

An 888 acre park with an 218-acre lake with fishing, boating, rowboat rental, camping, a miniature train, a carousel, outdoor volleyball courts, open fields, an 18-hole par 3 golf course, clubhouse with snack bar and driving range, disk golf, horse shoe pits, an ice cream parlor, picnic areas with grills, 3 playgrounds, trails, amphitheater, and miniature golf course. **Swimming and windsurfing are prohibited.**

Lake Burke is owned by the Virginia Department of Game and Inland Fisheries (VDGIF), the surrounding park land comprising Burke Lake Park is owned by the Fairfax County Park Authority (FCPA).

Across America, the word is out - Burke Lake Park boasts one of the 10 best fitness trails in the nation. That's the assessment of the American Hiking Society, after its trail specialists hiked high and low to find top 10 candidates in or near a major metropolitan area (close enough to use before or after work or on lunch hours) with portions that can be completed in 60-90 minutes.

Just 25 minutes from Washington, D.C., the Burke Lake Loop Trail follows the shoreline 4.7 miles around the lake, with bays jutting out from the main body of water that provide a welcome sense of solitude. Gravel surfaced for most of its length, Burke Lake's loop trail is "a fine choice for either a brisk walk or a run," plus it's also suitable for biking.

Hours: The park is open year-round from 8 a.m. to dusk.



Remember to bring dinner or have dinner prior.

	Time	Event
Friday	1730	Muster at American Legion
	1745	Depart American Legion
	1830	Arrive Burke Lake Park
		SPL & PLs select sites
		Troop formation
		Unload troop, patrol, then personal gear
		Patrol Meetings
		Set up patrol sites, remember to leave space for new Scouts
		<i>Sunset 1855</i>
	2030	Campfire, Discuss Program for New Scouts
	2000	Taps/Quiet
Saturday	0700	Reveille
	0730	Breakfast
	0900	Flag raising
	0915	Morning Activities
		Trail to First Class: Fire'em and Tote'em Chits and Camping Merit Badge
	1130	Cooks prepare for lunch
	1200	Lunch and clean up. Eat as Patrols.
	1300	Patrol Meetings
	1315	Afternoon activities:
		Trail to First Class: Fire'em and Tote'em Chits and Camping Merit Badge
	1530	Game: Capture the Flag Disc Golf are options
	1700	Cooks prepare for dinner
	1730	Dinner and clean up. Eat as Patrols.
	1845	Lower Flag
		<i>Sunset 1856</i>
	1900	Campfire crew builds fire & prepares seating
	2000	Campfire program
	2200	Taps/Quiet



Sunday	0700	Reveille
	0730	Breakfast and clean up. Eat as Patrols.
	0900	Breakdown Camp/Morning Program
	1100	Depart Camp
	1130	Arrive American Legion

Normal Temperatures: Average High 67 degrees, Average Low 44 degrees

24/7 Emergency Room:

Inova Emergency Care Center - Fairfax

4315 Chain Bridge Rd

Fairfax, VA 22030

Non-Emergency Walk-In Care:

Walk-in Medical Care

6045 Burke Centre Pkwy

Burke, VA 22015

Camping Location: The park is in Warren County, eight miles south of Front Royal and 15 miles north of Luray. It's off Rt. 340 in Bentonville.

Directions:

- Take I-66 West to I-495 and turn south towards Richmond/Alexandra.
- At Braddock Road Exit (Route 620), get off and head westbound on Braddock Road, then merge left onto Burke Lake Road (Route 645).
- Cross Fairfax Parkway; at Ox Road (Route 123) Turn Left to head southbound.
- Turn 2nd Left into the Park.

ADDRESS:



7315 Ox Road
Fairfax Station, VA 22039

PHONE:

703-323-6600

25-27 April Weekend Car Camping Checklist:

- Note: This list is in addition to clothes worn to campout.
Wear your Class A Scout uniform for travel.
- Remember: "Cotton Kills" & "Always pack for one season *colder* than now."

Shelter:

- ___ Backpack or duffle bag (lined w/plastic bag to keep contents dry)
- ___ Tent & plastic footprint for under tent
- ___ Sleeping bag
- ___ Extra blanket (optional)
- ___ Sleeping pad
- ___ Pillow case (may fill with a jacket)

Clothes:

- ___ Coat/jacket
- ___ Warm caps
- ___ Warm gloves
- ___ Class B shirt
- ___ Long sleeve shirt
- ___ Rain Gear
- ___ 2 Underwear
- ___ Long underwear, top & bottom (optional)
- ___ 2 pair wool socks
- ___ Hiking boots/comfortable shoes

Safety, Kitchen, & Toiletry:

- ___ Personal 1st Aid Kit (BSA Handbook p. 289)
- ___ Mess kit (bowl, plate, cup, fork, spoon)
- ___ Water bottle
- ___ Pen/pencil & pocket-sized notepad
- ___ Scout Handbook
- ___ Book for reading
- ___ Matches (provided you have earned Firem'n Chit)
- ___ Whistle on neck lanyard
- ___ Compass with a base plate
- ___ Toiletry kit (hand soap, toothbrush, toothpaste, floss, comb, small towel)
- ___ Toilet paper (half a roll in a Zip-Lock bag)
- ___ Sunscreen
- ___ Pocketknife, less than 3" blade (provided you have earned Tote 'n Chip)
- ___ Flashlight/head lamp & extra batteries (keep easily accessible in backpack)
- ___ Chair (optional)



TROOP 349 Permission Slip

Falls Church, VA

Event: Trailblazer/Camping MB Campout

Location: Burke Lake Park, VA

Date: 25-27 April, 2014

As the parent or legal guardian of: _____

- I give my permission for him to participate in this outing with Troop 349.
- I understand that if my son gets wet, I will have to drive out & pick him up.
- I will provide transportation.** Out Back Both Ways
Including driver, my vehicle holds _____ people.
- Name(s) of Parent(s) planning to attend: _____ Parent cell #: _____
- My Scout understands:** All travel is in Class A uniform
No electronics permitted (iPod, MP3, cell phone, etc)
- Funds attached:** \$ _____ (\$32.00/Scout: food, mileage, site fees; \$32/adult)

I give permission to the leaders of Troop 349 to render first aid. In the event of emergency, I give permission to the physician selected by the adult leader-in-charge, to hospitalize, order anesthesia, order injection, or secure other medical treatment, as s/he determines to be appropriate. I further agree to hold Troop 349 and its leaders blameless for any mishaps that may occur during this outing, except for clear acts of negligence or non-adherence to BSA policies and guidelines.

In case of emergency, I can be reached by phone at: _____ or: _____

If I cannot be reached, contact: _____ Phone: _____

Medical insurance company: _____ Policy number: _____

My son: Has the following **medical condition(s)** that adult leaders must be aware:

_____.

Has no medical condition.

Requires the following **medication(s)** that adult leaders must supervise and assist in administering (also provide time & quantity):

_____.

Takes no medication

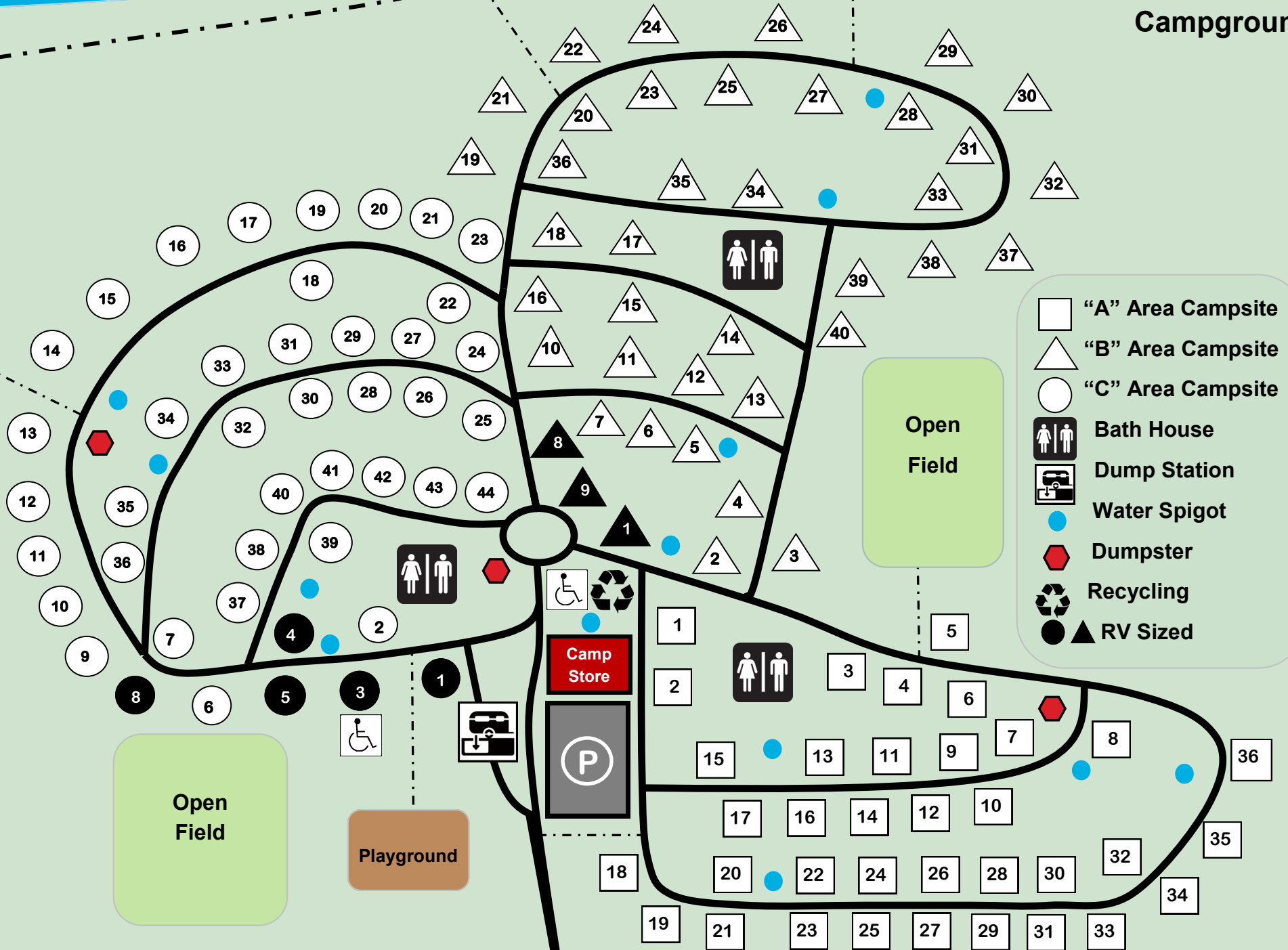
Signed: _____ Date: _____

(Parent or Guardian)

Submit this form and payment to NLT Tuesday, 22 April, 2014

*Scouting is a game for boys under the leadership of boys
- under the direction of adults*

Burke Lake Park Campground



-  "A" Area Campsite
-  "B" Area Campsite
-  "C" Area Campsite
-  Bath House
-  Dump Station
-  Water Spigot
-  Dumpster
-  Recycling
-  RV Sized